



**Wednesday,
March 6, 2019**

BELL SCHEDULE

WEDNESDAY	THURSDAY	FRIDAY
Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12
Block 2 9:16-10:28	Block 2 9:16-10:28	Block 2 9:16-10:28
FLEX 10:28-10:57	FLEX 10:28-10:57	FLEX 10:28-10:57
Block 3 11:01-12:13	Block 3 11:01-12:13	Block 3 11:01-12:13
LUNCH 12:13-12:53	LUNCH 12:13-12:53	LUNCH 12:13-12:53
Block 4 12:57-2:09	Block 4 12:57-2:09	Block 4 12:57-2:09
Block 5 2:13-3:25	Block 5 2:13-3:25	Block 5 2:13-3:25

REMINDER TO STAFF + STUDENTS

This Thursday, March 7th will be the Parent-Teacher Conferences from 2:00 – 6:00 pm.

Please note the adjusted Bell Schedule.

Block 1	8:00 – 9:12	72 min
Block 2	9:16 – 10:06	50 min
Block 3	10:10 – 11:00	50 min
(Break)	11:00 – 11:10	10 min
Block 4	11:15 – 12:05	50 min
Block 5	12:10 – 1:00	50 min

FIRST RESPONDERS

Reminder of our meeting tomorrow at lunch in room 315. Everyone should be there for the beginning of lunch.

ATTN: GR 12s



- **Dinner Dance tickets and After Grad tickets are available to purchase ONLINE starting Mar 1-Apr 15.**
- **Please pay all outstanding fees before buying your tickets.**



Any students interested in writing the AP Calculus exam or AP Psychology exam, need to pay exam fees online or come to the office.

- Deadline for payment \$135 is March 13th.**

Grade 10 Students

- Any Grade 10 students who are new to the school this year and do not have a blog are invited to come to Flex in Room 213 either this week or next week in order to set one up with Mr. Aitken & Mr. Castonguay.
- Any Grade 10 students who worked with their blogs last year and have questions regarding what to do or any other issues are also welcome to come to Flex in 213.





KODIAK WEAR

LIMITED quantities available at the office.
These won't last long and you will NOT be able to order items
CASH ONLY



Ladies Racerback Tank



Ladies Full-Zip Hoodie



Ladies Half-Zip Top



Ladies Shorts



Men's Jogger



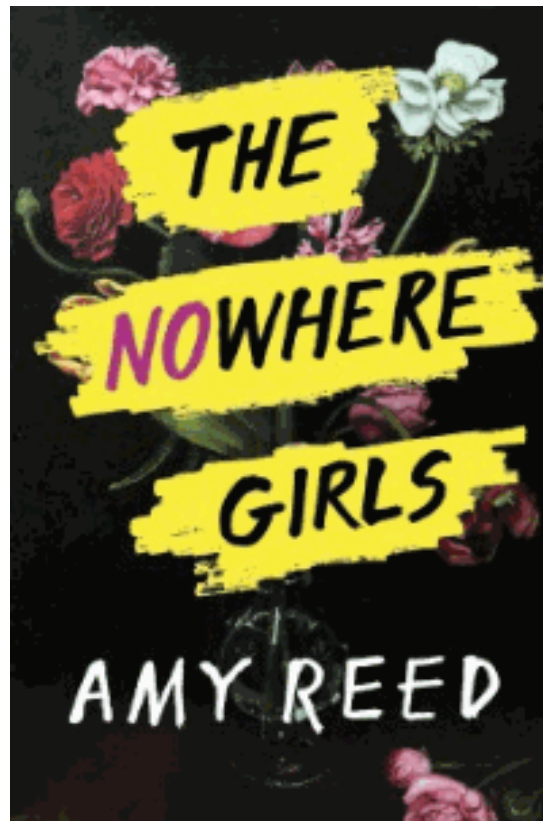
Men's Long sleeve



Men's T-shirt



Men's Shorts



New Library Books



**Start your day in a relaxing way. Come
to Room 231 Monday to Friday 8:30
am – 9:15 am.
Coffee! Tea! Food!
Come listen to music and relax before
class**

KODIAK ATHLETICS



HWSS TRACK & FIELD



Track and Field conditioning practices:

- **Wednesday's after school in the grand hall (beginning Wednesday March 6th)**
- **Please see Mr. Won and Ms. Ernst if you have any questions.**

HERITAGE HEAT BASKETBALL U15 (CURRENT GRADE 9S)

Spring basketball is here for all grade 9 boys interested in playing basketball for the Heritage Heat. Try-outs are on the following days:

- **Tuesday, March 12th 5:30 – 7:15pm**
- **Thursday, March 14th 5:30 – 7:15pm**



Players who did not play on the school team are welcome to attend. This is an open invitation and your opportunity to improve your basketball skills in a challenging and fun environment.

Please see Mr. Martin if you have any questions.

HWSS SR GIRLS SOCCER TRY-OUTS

Try-outs for the Senior Girls Soccer team will be on:
➔ Thursday, March 7 starting at 1:20 on the turf.

All players trying out for the senior team must attend.
See Ms. French for details if needed.



HWSS JR GIRLS SOCCER TRY- OUTS

Tryouts for players interested in the Junior Girls
Soccer team:

Tuesday, March 12 starting at 3:40

and Thursday, March 14 starting at 3:40 on the turf.



KODIAK CLUBS





Multicultural Club

Wednesday at Lunch

In room 219



Learning
more about
different
cultures



Fundraising



Get more
volunteer hours



Heritage Woods Christian Club (HWCC)

Want to learn more about
Christianity?

Join us Fridays at lunch in
room 215

Everyone is Welcome!

Meet New People!



**HERITAGE WOODS
PRIDE EDUCATION ALLIANCE**

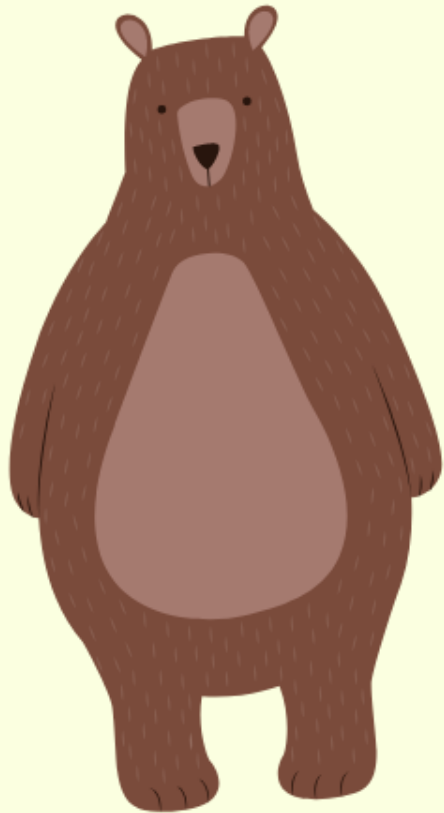
EVERY WEDNESDAY, ROOM 307@LUNCH

LOOKING FOR VOLUNTEER HOURS?

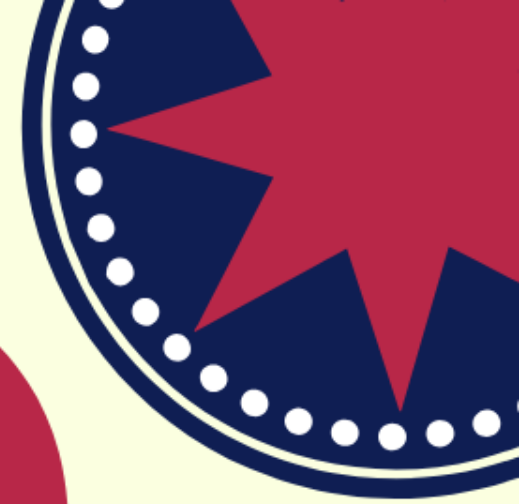
**IMPROVE YOUR SPEAKING SKILLS
AND MAKE NEW FRIENDS!**

**KODIAK
KONVERSATIONS**

**WEDNESDAY @FLEX
IN ROOM 109**



**NEW VOLUNTEERS & EAL STUDENTS
ARE ALWAYS WELCOME!**





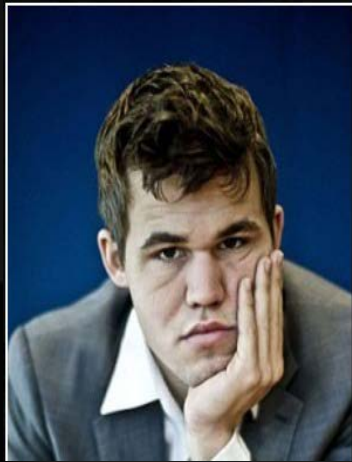
Wednesday Flex in Art Room

Come if you are interested in joining the club to help youths and gain volunteer hours!

Light the candle of hope for youth with serious medical conditions

CHESS CLUB 2018

- All levels welcome! (Beginners and Seniors)
- Drop in @ lunch EVERY day to play
- Room 308
- Compete, Play, and Learn. We might have a friendly tournament like last year.



Some people think that if their opponent plays a beautiful game, it's OK to lose. I don't. You have to be merciless.

— Magnus Carlsen —



Chess
is the
art
which
expresses
the Science
of Logic

Kodiak Business Club (KBC)



***Boast your
university
profile!***



***Compete in case
studies against
other schools!***



***We meet
Wednesday's @
LUNCH in
Room 301***

CAREER CENTER





The upcoming sessions are as follows:

- March 25th, 1:00 pm-2:30 pm

Additional information about each session and registration to attend can be found at the following link:

sauderundergraduateoffice.eventbrite.com.

Upcoming Spring BCom Information Sessions at the UBC Sauder School of Business.

These small gatherings provide a casual setting for prospective students in grades 8-12 to visit the UBC Vancouver campus, learn more about the BCom curriculum, tour UBC Sauder's teaching facilities, and hear from our incredible faculty. We encourage students to take advantage of this opportunity to explore their career possibilities in business.



BCIT Pathway to Success Scholarships

SD43 has 3 scholarships valued at \$3,000 each available for students applying to programs at BCIT. All programs qualify except apprenticeship programs.

- **For more information and to access the application please visit the Career Centre webpage under Finances/Awards, Entrance (Post-Secondary sponsored)**
- **<http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx>**

→ Completed applications must be submitted to Ms. Butler or Mrs. Martin no later than 3:30pm on April 1, 2019.

REPEAT NOTICES



GIRLS

EXPLORING



SCIENCE



TECHNOLOGY



ENGINEERING



MATHEMATICS



DISCOVERY DAYS

CALLING ALL GIRLS IN GRADES 8 TO 10!

Please join Science Alive at Simon Fraser University's Burnaby Campus for Discovery Days to explore STEM fields and learn more about the different options available at the post-secondary level.

When?

March 18 - Environment Day

March 20 - Earth Science Day

March 25 - Computing Day

March 29 - Engineering Day

Where?

Simon Fraser University's Burnaby Campus

Time?

10:15am to 2:00pm

Cost?

\$10 for the first day and \$5 for any additional days, however, bursaries are available should cost be a barrier.

Visit www.sciencealive.ca to register today!

SkillsFor Hope Foundation



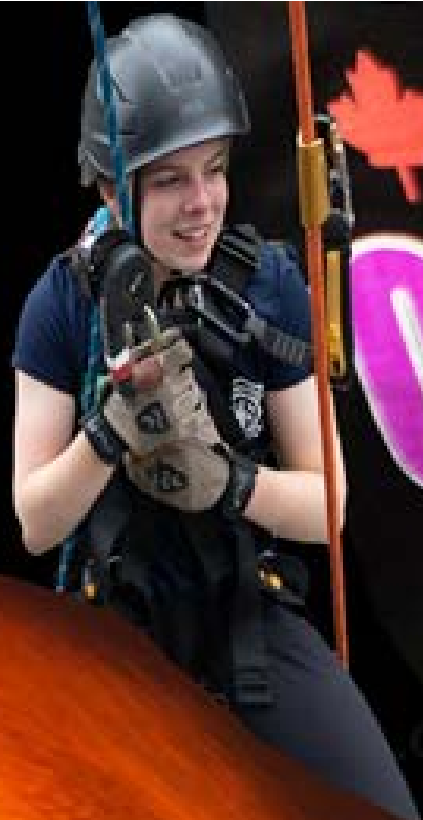
Developing Skills Changing Lives

SCIENCE ALIVE
curiosity · creativity · confidence



W WEST

West Coast Women in Engineering,
Science and Technology



FIRE RESCUE

CAMP IGNITE

MENTORSHIP PROGRAM

AUGUST 8 - 11 2019

www.campaignite.com



Camp Ignite is a program that is organized and run by women in the BC Fire Service, and is an annual Firefighter Mentorship Program for **female students in Grade 11 & 12** (ages 16-18 years.) Each participant is provided with a four-day opportunity to learn about health and fitness, focus on team-building, challenge themselves, AND learn about the firefighting profession.

This year's Camp Ignite runs from August 8-11, 2019. It is a FREE PROGRAM! – there are no costs or barriers to participate, as it is paid for by sponsors and local Fire Departments.

- **Applications are available on the Career Centre website.** Each applicant must complete the application appropriate to their community and return it in the appropriate way for the community in which they live by the appropriate application deadline.

Coquitlam Deadline May 27, 2019 to:

- *Coquitlam Fire/Rescue – Town Centre Fire Hall*
- **1300 Pinetree Way**
- *Coquitlam, BC, V3B 7S4*
- *Attn: Denise Ziebart, Fire Prevention Division*

Port Moody Deadline June 01, 2019 to:

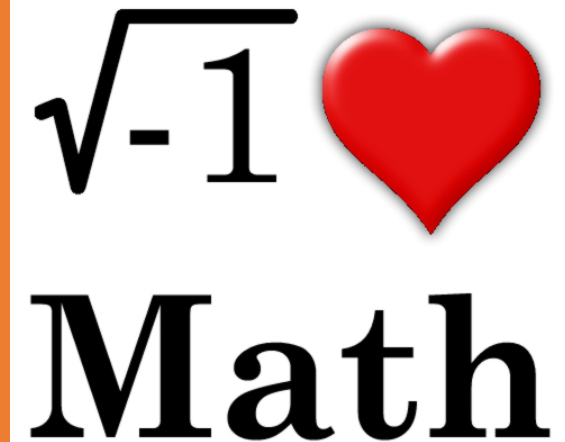
- Nhayton@portmoody.ca

Anmore/Belcarra deadline June 01 to:

- Jay.sharpe@anmore.com

EUCLID MATH CONTEST

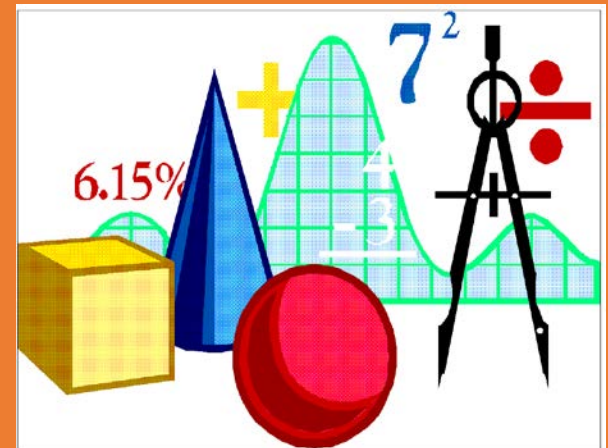
- **Please register for this prestigious and important Senior Math contest with Ms. Paisley in RM 232 or Ms. Wiebe in the Science office.**
- **Contest Date: April 3rd**
- **Registration deadline: March 15th**
- **Cost is \$18**



FRYER, GALOIS & HYPATIA MATH CONTESTS

Please register for these grade 9, 10 and 11 math contests with Ms. Paisley in RM 232 or Ms. Wiebe in the Science Office

- **Contest Date: April 10th**
- **Registrations Deadline: March 15th**
- **Cost: \$12**
- **4 questions, 75 min**



Making your summer plans yet?

Think ... *Summer Learning!*



Elementary: July 9-26 9am-12pm

K to 1 Transition, Fine Arts, French Immersion, Integrated Studies, Montessori, Math, Reading & Writing, Coding (Info Tech), Science - Outdoor Focus: *Aspenwood, Bramblewood, Coquitlam River, Glen, Kilmer, Miller Park, Pinetree Way, Porter, Smiling Creek (New!). Registration starts April 26/19*

Middle: July 9-26 8:45am-11:45am

Art, Band, Creative Writing, Drama, Guitar, Home Ec/Culinary, Integrated Studies, Language Arts, Mathematics, Montessori, PE/Leadership, Coding (Info Tech), Science Grade 6/7 (Ecology/Outdoor Focus), Tech Ed: *Hillcrest, Kway, Scott Creek. Registration starts April 30/19*

Secondary Skill Building: July 9-26 8:30-11:30am & 12:00-3:00pm

English, English for School Success, Math, Band, Science, Fitness, Tech Ed, PE/Leadership: *Centennial, Gleneagle. Registration starts April 30/19*

Secondary Remedial: July 9-26 8:30-11:30am & 12:00-3:00pm

Grade 9/10 Math, English, Social Studies, Science. *Centennial. (Registration is by referral only, see your school counsellor for details).*

Advanced (High School) Credit: Face-to-face & Online blended (Fast Track):

July 3 - August 9 8:00-11:30am & 12:00-3:30pm

Gr 10, 11, and 12 courses in English, Mathematics & Sciences. EAL 10 & 11 courses, Career Life Education (Planning), Fitness & Conditioning 11/12, PE 10/11, Social Studies 10/11 *Centennial, Gleneagle. Registration starts May 3/19*

See our website for full info: www.summerlearningcoquitlam.ca

- ⇒ **This summer all courses will align with the new BC revised curriculum**
- ⇒ **Tuition is free for BC residents (International fees apply otherwise)**
- ⇒ **All courses taught by BC Certified teachers**
- ⇒ **14 school locations throughout the Tri Cities. *New site this year: Smiling Creek Elementary***
- ⇒ **Opportunities for high school students to volunteer**

Interested in writing the Physics CAP High School Prize Exam?

Sign-up with Mr. Khalili in room 304 during FLEX.

Contest Date: Tuesday April 9th 2019.





- The RIBFEST committee is now working on **PORT MOODY ROTARY RIBFEST 2019** and we would like to invite you to again be a part of this exciting event.
- This years dates are: **JULY 19, 20, & 21 2019.**
- We have our brand NEW **volunteer signup website open** and encourage you to sign up **now** so you can get the times and places you would like to work.
- Please click this link: Rotary RIBFEST Volunteer Signups and choose
- the blue SignUpGenius Sheet for the area you would like to work and
- register for your volunteer shifts.
- If you have any questions or concerns please contact Linda Balzer at: **604-341-4387.**